



CANTO A LOS NIÑOS

WELCOME TO HEAD START

OCTOBER IS NATIONAL DENTAL HYGIENE MONTH TAKING CARE OF YOUR BABY'S ORAL HEALTH

Taking good care of your baby's mouth and teeth is important. A baby's first tooth usually comes in at around age 6 to 10 months. Healthy primary (baby) teeth help children chew food and speak clearly.

Tips for keeping your baby's mouth and teeth healthy

Cleaning your baby's gums and teeth

- ✓ Clean your baby's gums even before you can see the first tooth. Use a clean, damp washcloth to wipe the gums. Do this twice a day, especially after night feeding.
- ✓ After your baby's first tooth comes in, use a baby toothbrush with soft bristles and a small head. Put a smear (size of a grain of rice) of fluoride toothpaste on the toothbrush, and brush all sides of your baby's teeth.
- ✓ Brush your baby's teeth in the morning and before bedtime.

Using bottles and sippy cups

- ✓ Do not put your baby to bed with a bottle or sippy cup filled with breast milk, infant formula, fruit juice, or other liquids besides water. Liquids that contain sugar can cause tooth decay.

Using pacifiers

- ✓ Clean the pacifier with soap and water.
- ✓ Never clean a pacifier in your mouth before giving it to your baby. Germs that cause tooth decay can pass from your mouth to your baby's mouth.
- ✓ If the pacifier gets worn out or breaks, get a new one.
- ✓ Do not dip the pacifier in sweet foods like sugar, honey, or syrup.
- ✓ Never put a pacifier on a string or ribbon around your baby's neck. It could choke your baby.

For more information



October 2023

Calendar of Events

- 10/5 Parents In Education (P.I.E.) Meeting
- 10/9 Agency Holiday/ Indigenous People Day
- 10/10 Policy Council
- 10/11 EHS/HS Early Release @ noon
- 10/11 Cardboard Challenge Fest @ Centers
- 10/20 Fall Family Engagement Mini-Conference
- 10/26 Parents In Education (P.I.E.) Meeting
- 10/26 Board of Directors
- 10/27 EHS/HS Early Release @ noon

Hispanic Heritage Month
9/15-10/15



Like us and follow us on Facebook

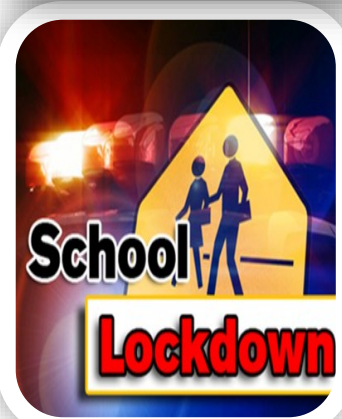


Nueces County Community Action Agency is on Facebook!!!

To stay informed about upcoming events, important information about Head Start, volunteer opportunities, community resources, etc.

Follow us and "like" our page, invite your friends to "like" us. We want to hear from you.

 Find us on Facebook



IMPORTANT NOTICE:

In case of Center Lockdown due to Chemical or Biohazard Alert, *doors will not be opened* until an All-Clear has been issued by proper authorities.

****Centers can also be Lockdown in the event of violence or crime activity nearby the facilities****

NUECES COUNTY COMMUNITY ACTION AGENCY
101 South Padre Island Drive
Corpus Christi, TX 78405
Phone: 361-883-7201
Fax: 361-883-9173
www.nccaatx.org

Mission Statement:

NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

NUECES COUNTY COMMUNITY ACTION AGENCY

LOOKING FOR QUALITY CHILD CARE OR A CAREER IN EDUCATION?

BIRTH TO FIVE HEAD START PROGRAM IS HIRING

SCAN HERE FOR BIRTH TO FIVE HEAD START APPLICATION 

Nueces County Community Action Agency Birth to Five Head Start Program is accepting employment applications for Full-Time Teachers, Child Development Specialists and Teacher Assistants

BIRTH TO FIVE HEAD START PROGRAM IS ACCEPTING APPLICATIONS

Head Start provides:

- ✓ Nutritious Meals
- ✓ Safe Environments
- ✓ Health Services
- ✓ Mental wellness
- ✓ Parent Participation
- ✓ Educational Services

Qualifications:

- ✓ Head Start Teachers: Must have an Associate's or Bachelor's Degree in Early Childhood Education
- ✓ Head Start Teacher Assistants: Must have at least a High School Diploma
- ✓ Child Development Specialist: Must have an Infant Toddler CDA or an Associate's or Bachelor's Degree in Early Childhood Education of a related field
- ✓ Infant/Toddler Caregiver: requires a CDA and part-time positions are available.

Scan here to apply for employment 

NCCAA BIRTH-TO-FIVE HEAD START PROGRAM
&
MCH Family Outreach
present
PARTNERS IN EDUCATION (P.I.E.)
Parent Empowerment Groups

SAVE THE DATES:

Thursday
October 5, 2023
&
October 26, 2023

TIME:
12:00-1:00 p.m.

LOCATION:
Google Meet

Contact your Family Advocate
to request meeting link

- ✓ Door prizes
- ✓ Resourceful information
(Need to be signed in meeting to win)



**MARK YOUR
CALENDARS FOR OUR
SPECIAL EVENTS**
Join us to learn more
about Parenting Skills and
how to take care of
yourself.
Contact your
Family Advocate to get
meetings links and enter
your name in the
drawings.

Let's **F.A.C.E.** The Future of Our Children Together...
Family And Community Engagement

NCCAA Birth to Five Head Start Program
Family And Community Engagement
MINI-CONFERENCE
"Family Well-Being and School Readiness"

Friday October 20, 2023
8:30 a.m. – 12:30 p.m.
Soledad HS- Conference Room
2526 Soledad Street
Corpus Christi, TX 78405
Continental Breakfast & Lunch will be provided
SEATING LIMITED TO 20 PEOPLE
&
Google Meet
(9:00 a.m. - 12:00 p.m.)
Contact your Family Advocate to RSVP for
in-person attendance
or to request meeting link



- Join us and have fun!
- ❖ Dancing and learning (IMIL)
 - ❖ Parenting Skills
 - ❖ Taking care of yourself
 - ❖ Community Resources
- GREAT INFORMATION & DOOR PRIZES!!!**
(Need to be signed in meeting at time of drawing)



Fathers Actively Involved Through Head Start (F.A.I.T.H.)

Be one of our F.A.I.T.H.ful dads! Our male involvement activities were created to provide a support system and engagement opportunities to all father-figures. We welcome all dads, grandpas, uncles, stepdads, big brothers, etc.

BECAUSE DADS MATTER!!



NCCAA Birth to Five Head Start Program
F.A.I.T.H.
(Fathers Actively Involved Through Head Start)



Cardboard Challenge

I'm Moving, I'm Learning
(IMIL)



7th. Edition

**CALLING ALL DADS!
FACEBOOK CONTEST**

- ◆ We are asking fathers to create a game that promotes physical activity using a cardboard box (or any recycled materials).
- ◆ **Send a picture of dad (or grandpa, uncle, stepdad, etc.) working with the child on their project to:**
familyevents@nccaatx.org
- ◆ **We will share the pictures on our Facebook page.**
- ◆ **The picture with the most likes/shares will get a backpack filled with family outdoor fun!!!**



FAMILY ENGAGEMENT AND SCHOOL READINESS HIGHLIGHTS

Exciting activities at school and at home; parent meetings, parenting sessions, grandparents celebrations, staff development, Community Partnerships, etc.

From EHS to HS, children, parents and staff are learning and having fun at the same time.

Parents, if you want to share experiences of your family working on a special project or family activity, and be featured in this Newsletter, email your pictures to familyevents@nccootx.org





Helping People. Changing Lives.
 NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

Community Services Program

Community Services is a division of Nueces County Community Action Agency (NCCAA) which provides a variety of programs intended to empower people and build thriving communities by providing services that directly impact households transitioning out of poverty.

Services we provide:

- Case Management
- Tuition Assistance
- Affordable Housing
- Utility Assistance
- Weatherization
- Heating and Cooling
- Home Preservation
- Information and Referral
- Public Notary

You can pick up an application at the following locations:

Community Action Service Center
 1006 22nd. St
 Corpus Christi, TX. 78405
 361-882-4193

Rural Service Center (Robstown)
 801 E. Main St.
 Robstown, TX. 78380
 361-387-1527



BREATHE, THINK, DO!

You can help children to use the **“Breathe, Think, Do”** strategy to calm down, identify their feelings, and work to solve their problem.

Frustration is a normal part of life, but it can overwhelm kids and bring up a lot of big feelings. During emotional times—both everyday challenges and more serious experiences—support from caring adults can offer children comfort and reassurance.

To learn more about how to help your child handle emotions:



HALLOWEEN SAFETY TIPS

From the candy to the costumes, Halloween is a fun-filled time for kids and parents. Here's how to make it a safe, trick-free treat.

DRESSING YOUR LITTLE GHOULS & GOBLINS

- ◆ Choose a light-colored costume that's easy to see at night. Add reflective or glow-in-the-dark tape to the costume and to the trick-or-treat bag.
- ◆ Only buy costumes labeled "flame-retardant." This means the material won't burn. If you make your own costume, use nylon or polyester materials, which are flame-retardant.
- ◆ Make sure wigs and beards don't cover your kids' eyes, noses, or mouths.
- ◆ Masks can make it hard for kids to see and breathe. Instead, try using non-toxic face paint or makeup.
- ◆ Don't use colored or decorative contact lenses, unless they're prescribed by a licensed eye doctor.
- ◆ Put a nametag — with your phone number — on your children's costumes.

TRICK-OR-TREATING BASICS

Kids under age 12 should:

- ◆ always go trick-or-treating with an adult
- ◆ know how to call 911 in case they get lost, know their home phone number or your cellphone number if you don't have a landline

Older kids who go out on their own should:

- ◆ carry a cellphone
- ◆ go in a group and stay together
- ◆ only go to houses with porch lights on
- ◆ know to never go into strangers' homes or cars

For all kids:

- ◆ According to Safe Kids Worldwide, the risk of kids being hit by a car is higher on Halloween than on any other day of the year. So make sure all kids:
 - ◆ walk on sidewalks on lit streets (never through alleys or across lawns)
 - ◆ walk from house to house (never run) and always walk facing traffic when walking on roads
 - ◆ cross the street at crosswalks and never assume that vehicles will stop
 - ◆ give kids flashlights with fresh batteries. Kids may also enjoy wearing glow sticks as bracelets or necklaces.

When kids get home:

- ✓ Help them check all treats to make sure they're sealed. Throw out candy with torn packages or holes in the packages, spoiled items, and any homemade treats that weren't made by someone you know.
- ✓ Don't let young children have hard candy or gum that could cause choking.
- ✓ Have kids wash their hands before eating and don't forget to make sure they brush their teeth.

For more safety tips and information visit: <https://kidshealth.org/en/parents/halloween.html>

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