



CANTO A LOS NIÑOS

WELCOME TO HEAD START



MY CHILD HAS SPECIAL NEEDS – WHAT DO I NEED TO KNOW?

What is Special Education?

Not every child learns in the same way. Schools have different programs to meet the needs of different students. One of these programs is Special Education (also known as SpEd).

According to the law, the Texas Education Agency (TEA) is required to offer free, special services to students ages 3-21 with designated disabilities. Special services are usually divided into two different types of learning environments, depending on the individual student's needs.

The first learning environment includes the student in general education classrooms with available special services.

The second places the child in "self-contained" classrooms, which are separate rooms reserved only for the education of students with special needs.

Some students remain in self-contained classrooms full-time, while others split their time between both types of classes.

What are my Rights as a Parent of a Child with Special Needs?

You have several rights throughout the process of your child's special needs education. Going through the evaluation and ARD process can be difficult, and it is important to remember that you are the voice for your child.

1. There are specific time requirements your school district must follow throughout the ARD process.
2. You have the right to disagree with an IEP created during your child's ARD meeting.
3. Certain people must be involved in your child's ARD meeting and the development of his or her IEP.
4. If English is not your primary language, the school district is required to provide you with a written or video copy of your child's IEP in your preferred language.

To learn more and ensure that your child's needs are being met, visit: <https://texasschoolguide.org/special-populations/my-child-has-special-needs-what-do-i-need-to-know/>



MAY 2023 Calendar of Events

- 5/10 Early Release @ noon
- 5/10 Familias' Day/ Family Picnic
- 5/11 P.I.E. (Partners In Education) Meeting
- 5/12 **KINDER Conference**
- 5/16 Policy Council
- 5/18 **S.E.A.T. (Social Emotional Awareness Team)**
- 5/19 School Readiness and Family Engagement Advisory
- 5/25 **STEP Parenting Class**
- 5/25 Board of Directors
- 5/26 Staff Development
- 5/29 Agency Holiday/ Memorial Day

Mental Health Awareness Month

Teacher/Staff Appreciation Week
5/8-5/12



Find us on Facebook



NUECES COUNTY COMMUNITY ACTION AGENCY
101 South Padre Island Drive
Corpus Christi, TX 78405
Phone: 361-883-7201
Fax: 361-883-9173
www.nccaatx.org

Mission Statement:

NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

Declaración de nuestra Misión:

NCCAA trabaja en colaboración con diversas agencias en la comunidad para implementar estrategias y eliminar las causas de pobreza entre la población del Condado Nueces.

LOCKDOWN NOTICE

In case of Center Lockdown due to Chemical or Biohazard Alert, doors will not be opened until an All-Clear has been issued by proper authorities.

****Centers can also be Lockdown in the event of violence or crime activity nearby the facilities.**

Nueces County Community Action Agency

It is time to APPLY Birth to Five HEADSTART

2022 - 2023 APPLICATIONS

What do I Need to Bring?

REQUIRED TO BRING—

1. BIRTH CERTIFICATE FOR THE CHILD
2. 2021 INCOME FOR THE FAMILY
3. PARENT'S PICTURE ID

AUTOMATICALLY QUALIFY WITH—

1. SNAP/TANF/SSI DISABILITY
2. HOMELESS
3. FOSTER CARE

****DOCUMENTS TO VERIFY THE FOLLOWING** (IF APPLICABLE)**

- ❖ MEDICAID
- ❖ EMPLOYMENT/SCHOOL
- ❖ PUBLIC HOUSING
- ❖ RESIDENCY/SECTION 8
- ❖ DOMESTIC VIOLENCE/INCARCERATION
- ❖ CURRENT IMMUNIZATIONS/PHYSICAL/DENTAL

FOR MORE INFORMATION
CALL: 361-880-4141

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WHEN STARTING-NOW

WHERE

**2526 Soledad
Corpus Christi
78416**

OFFICE HOURS

**Monday- Friday
8:00 – 11:45
1:00-4:45**

APPLICATIONS ACCEPTED FOR:

- *EXPECTANT WOMEN
- *EARLY HEAD START
- *HEAD START
- *CHILDREN WITH QUALIFYING DISABILITY (ECI/ISD)

Apply online or download our application at:
[BIRTH-TO-FIVE HEAD START PROGRAM \(nccaatx.org\)](http://www.nccaatx.org)



**Fathers Actively Involved Through Head Start
(F.A.I.T.H.)**

Be one of our *F.A.I.T.H.*ful dads!

Our male involvement activities were created to provide a support system and engagement opportunities to all father-figures. We welcome all dads, grandpas, uncles, stepdads, big brothers, etc. At home or at school **THEY** make a **BIG** difference in their children's lives!



What Does a Healthy Relationship Look Like?

Healthy relationships involve honesty, trust, respect and open communication between partners and they take effort and compromise from both people. There is no imbalance of power. Partners respect each other's independence, can make their own decisions without fear of retribution or retaliation, and share decisions. If or when a relationship ends, there is no stalking or refusal to let the other partner go.

Characteristics of Healthy Relationships

- ✓ Respect for privacy and space. You don't have to be with your partner 24/7.
- ✓ Your partner encourages you to spend time with friends without them, and to participate in activities that you enjoy.
- ✓ You feel comfortable expressing your opinions and concerns to your partner.
- ✓ You feel physically safe and your partner doesn't force you to have sex or to do things that make you feel uncomfortable.
- ✓ Your partner respects your wishes and feelings and you can compromise and negotiate when there are disagreements or conflicts.

The foundation of a healthy relationship includes:

- ◆ Boundaries
- ◆ Communication
- ◆ Trust
- ◆ Consent

For more information [Click here](#)

**NO MATTER HOW YOU TRAVEL
BE SAFE MOVE SMART**

FOR MORE INFORMATION ON PEDESTRIAN SAFETY [CLICK HERE](#)

NCCA Birth to Five Head Start Program invites you to our Parenting Classes

STEP

Systematic Training for Effective Parenting

- Understanding Young Children
- Understanding Young Children's Behavior
- Building Self-Esteem in the Early Years
- Listening and Talking to Your Child
- Helping Young Children Learn to Cooperate
- Discipline for Young Children
- Young Children's Emotional and Social Development

Join us virtually on the following dates:

- September 22, 2022
- October 20, 2022
- December 15, 2022
- January 26, 2023
- February 23, 2023
- March 23, 2023
- April 27, 2023
- May 25, 2023

Time: 12:00-1:00 p.m.

❖ Request meeting link to your Family Advocate

community Action PARTNERSHIP
Helping People. Changing Lives.



**Nueces County
Community
Action Agency**

Helping People. Changing Lives.

NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

Community Services Program

Community Services is a division of Nueces County Community Action Agency (NCCAA) which provides a variety of programs intended to empower people and build thriving communities by providing services that directly impact households transitioning out of poverty.

Services we provide:

- Case Management
- Tuition Assistance
- Affordable Housing
- Utility Assistance
- Weatherization
- Heating and Cooling
- Home Preservation
- Information and Referral
- Public Notary

**Click Here
To Learn More!**

You can pick up an application at the following locations:

Community Action Service Center
1006 22nd. St
Corpus Christi, TX. 78405
361-882-4193

Rural Service Center (Robstown)
801 E. Main St.
Robstown, TX. 78380
361-387-1527

HOW TO ENROLL YOUR CHILD IN A TEXAS PUBLIC SCHOOL
Learn how to find the right public school and what steps to take to enroll your child.

THE ENROLLMENT 1-2-3
Here are the three basic steps to enroll your child in a Texas public school, plus some other good things to know:

1. Use Google or another search tool to find the public school nearest to your home. This is usually the school your child should attend. Type "nearest public school" in the search box, then use the map to find the school nearest your home.
2. Call the school. Explain where you live and your child's age and ask them to confirm that they are the right school.
3. Visit the school to start the enrollment process. Bring your child's immunization records (or an immunization waiver or "exclusion" from the Department of State Health Services) and birth certificate, or other proof of identity and residency.

Learn more about Enrolling Your Child in School [LEARN MORE](#)

Flour Bluff ISD: <https://www.flourbluffschoools.net/registration-information/>

Let's **F.A.C.E.** The Future of Our Children Together...
Family And Community Engagement

NCCAA BIRTH-TO-FIVE HEAD START PROGRAM
Cordially invites you to our
"Kindergarten Here We Go Conference"

We will learn about:

- ✓ Family Engagement & School Readiness
- ✓ Kindergarten Transitions ideas and resources
- ✓ Resources for children with disabilities
- ✓ Door prizes

And much more!
(Need to be signed in meeting to win)

- ❖ Is Your Child Going to Kindergarten?
- ❖ Is she or he ready?
- ❖ Are you ready?

SAVE THE DATE and join us as we discuss these and other questions about going to Kindergarten

DATE: Friday May 12, 2023
TIME: 8:30 – 11:30 a.m.
LOCATION: Soledad Conference Room (2526 Soledad Street) and Google Meet

We will serve brunch for parents attending in person. Limit to 25 parents

Contact your Family Advocate to RSVP and/or request meeting link.

**Canto A Los Niños
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CANTO A LOS NIÑOS is a publication of the Nueces County Community Action Agency Birth-to-Five Head Start Program, 101 South Padre Island Drive, Corpus Christi, Texas 78405, Alma Barrera, Chief Executive Officer and Alicia Mancha, Birth to Five Head Start Director. NCCAA is a private non-profit corporation serving children and families in Nueces County. NCCAA is funded by U. S. Department of Health and Human Services Administration for Children and Families, Head Start Bureau; and Texas Department of Human Services Child and Adult Care Food Program.

MAY IS MENTAL HEALTH MONTH

WHAT IS MENTAL HEALTH?
Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

WHY IS MENTAL HEALTH IMPORTANT FOR OVERALL HEALTH?
Mental and physical health are equally important components of overall health. For example, depression increases the risk for many types of physical health problems, particularly long-lasting conditions like diabetes, heart disease, and stroke. Similarly, the presence of chronic conditions can increase the risk for mental illness.

CAN YOUR MENTAL HEALTH CHANGE OVER TIME?
Yes, it's important to remember that a person's mental health can change over time, depending on many factors. When the demands placed on a person exceed their resources and coping abilities, their mental health could be impacted. For example, if someone is working long hours, caring for a relative, or experiencing economic hardship, they may experience poor mental health.

For more information and resources, visit: <https://www.cdc.gov/mentalhealth/learn/index.htm> OR [CLICK HERE](#)