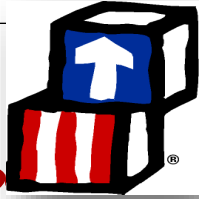


CANTO A LOS NIÑOS



WELCOME TO HEAD START

WELCOME BACK TO SCHOOL

August/September 2022

Calendar of Events

- 8/9 First Day of School
- 8/12 Policy Council
- 8/25 Board of Directors
- 8/26 **Early Release @ noon**
- 9/5 Agency Holiday
Labor Day
- 9/8 P.I.E. Meeting
(Partners In Education)
- 9/9 Grandparents
Conference @ the
American Bank Center
- 9/13 Policy Council
- 9/14 **Early Release @ noon**
- 9/15 S.E.A.T. Meeting
(Social Emotional Awareness Team)
- 9/16 Health Advisory
- 9/22 S.T.E.P. Parenting
Class (Systematic Training for Effective Parenting)
- 9/23 PC Orientation
- 9/29 Board of Directors
- 9/30 Staff Development

Grandparents Celebrations @ Centers
9/6 - 9/9
Hispanic Heritage
9/15 - 10/15

Handling Everyday Goodbyes

Separation anxiety—when a baby or young child (even into pre-k years!) feels anxious when a parent leaves their sight—is part of normal development. But when older, preschool aged children suddenly start showing signs of separation anxiety (crying when the parent leaves the room, clinging, waking up at night, or difficulty doing routine things without their parent close by), it can really catch parents off guard!

While sudden, everyday separation anxiety might be confusing and frustrating, remember that children often show us how they're feeling before they're able to tell us. And, when children feel stressed, their reactions may come much later than when the triggering situation happened

As much as you can, observe your child's behavior, talk with them, and try to pinpoint the true cause of their big feelings. Let them know it's okay to have big feelings and offer reassurance and comfort often. You might also:

- ✓ Offer a comfort item or lovey
- ✓ Talk to your child about upcoming changes to routine (like the first day of school)
- ✓ Let your child know that you'll be back when you go to another room or need to be apart for a time
- ✓ Give your child extra time to meet new people and "warm up" to new places
- ✓ Offer cuddles and one-on-one time

The videos and activities in this resource offer more ideas that may make being apart a little easier.

["SEPARATION ANXIETY", STANFORD CHILDREN'S HEALTH](https://sesamestreetincommunities.org/activities/handling-everyday-goodbyes/)

[HTTPS://SESAMESTREETINCOMMUNITIES.ORG/ACTIVITIES/HANDLING-EVERYDAY-GOODBYES/](https://sesamestreetincommunities.org/activities/handling-everyday-goodbyes/)

[VIDEO](#)



Follow us and like us



IMPORTANT NOTICE:

In case of Center Lockdown due to Chemical or Biohazard Alert, doors will not be opened until an All-Clear has been issued by proper authorities.

****Centers can also be Lockdown in the event of violence or crime activity nearby the facilities.**

**NUECES COUNTY
COMMUNITY ACTION AGENCY**
101 South Padre Island Drive
Corpus Christi, TX 78405
Phone: 361-883-7201
Fax: 361-883-9173
www.nccaatx.org

Mission Statement:
NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

Declaración de nuestra Misión:
NCCAA trabaja en colaboración con diversas agencias en la comunidad para implementar estrategias integrales y eliminar las causas de pobreza entre la población del Condado Nueces.

Nueces County Community Action Agency

**It is time to
APPLY**

**2022 - 2023
APPLICATIONS**

**Birth to Five
HEADSTART**



**WHEN
STARTING-
NOW**

What do I Need to Bring?

- REQUIRED TO BRING—**
1. BIRTH CERTIFICATE FOR THE CHILD
 2. 2021 INCOME FOR THE FAMILY
 3. PARENT'S PICTURE ID

AUTOMATICALLY QUALIFY WITH—

1. SNAP/TANF/SSI DISABILITY
 2. HOMELESS
 3. FOSTER CARE
- **DOCUMENTS TO VERIFY THE FOLLOWING**
(IF APPLICABLE)**
- ✦ MEDICAID
 - ✦ EMPLOYMENT/SCHOOL
 - ✦ PUBLIC HOUSING
 - ✦ RESIDENCY/SECTION 8
 - ✦ DOMESTIC VIOLENCE/INCARCERATION
 - ✦ CURRENT IMMUNIZATIONS/PHYSICAL/ DENTAL

WHERE
**2526 Soledad
Corpus Christi
78416**

**OFFICE
HOURS**
Monday- Friday
8:00 - 11:45
1:00-4:45

APPLICATIONS ACCEPTED FOR:

- *EXPECTANT WOMEN
- *EARLY HEAD START
- *HEAD START
- *CHILDREN WITH QUALIFYING DISABILITY (ECI/ISD)

FOR MORE INFORMATION
CALL: 361-880-4141

*In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer.

**Fathers Actively Involved Through Head Start
(F.A.I.T.H.)**

Our male involvement activities are created to provide a support system and engagement opportunities to all father-figures. We welcome all dads, grandpas, uncles, stepdads, big brothers, etc.

At home or at school, **THEY make a BIG difference in their children's lives!!**



NCCAA Birth to Five Head Start Program
F.A.I.T.H.
(Fathers Actively Involved Through Head Start)



Cardboard Challenge

I'm Moving, I'm Learning
(IMIL)

6th. Edition



SAVE THE DATE
October 19, 2022
At your child's Center

YOUR IMAGINATION IS THE LIMIT!

CALLING ALL DADS!

(Dads, stepdads, grandpas, uncles)

- ◆ During the month of September, we are asking ALL father figures to create a game that promotes physical activity using a cardboard box (or any recycled materials).
- ◆ On October 19, 2022, take it to your child's center to show and share!
- ◆ Send a picture of dad (or grandpa, uncle, stepdad, etc.) working with the child on their project to: familyevents@nccaatx.org
- ◆ We will share the pictures on our Facebook page.
- ◆ The picture with the most likes/shares by October 19, 2022, will get a backpack filled with family outdoor fun!!!



FAMILY ENGAGEMENT AND SCHOOL READINESS HIGHLIGHTS

We closed the 2021-2022 school year with a BANG !!!

Coronations, Volunteer recognition, gardening, Juneteenth activities, Milestone Ceremonies, Father's Day celebrations, etc.

At centers or at home, in person or virtually; from EHS to HS, children, families, volunteers and staff learned and had fun at the same time...AND WE ARE READY FOR NEW ADVENTURES

2022-2023, HERE WE COME!!!

Parents, if you want to see your child in this Newsletter and/or share experiences of your family working on a special project or family activity, email your pictures to:

familyevents@nccaatx.org



NCCAA BIRTH-TO-FIVE HEAD START PROGRAM
&
MCH Family Outreach
present
PARTNERS IN EDUCATION
Parent Empowerment Groups



✓ Door prizes
✓ Resourceful information
(Need to be signed in meeting to win)



SAVE THE DATE
DATE:
Thursday
September 8, 2022
TIME:
12:00-1:00 p.m.

LOCATION:
Google Meet

Contact your Family
Advocate to request
meeting link

Positive
Parenting Tips

Let's Check-In

Zoom on Over to the
S.E.A.T. Meeting



Social Emotional Awareness Team

Thursday, September 15, 2022

Anywhere you have internet access!

10:00 – 10:45 a.m.

Door
Prizes

Sign up with your Site Based Manager or
Family Advocate to receive the meeting link

**23rd Annual
Grandparents and Other Relatives
Raising Children Conference**

Join Us Friday, September 09, 2022
8am to 12:45pm
American Bank Center 1901 N Shoreline Blvd.
Corpus Christi, TX 78401

Register:

By Phone	Online	QR Code
361-462-1777	https://docs.google.com/forms/d/e/1FAIpQLS8d4RopGIRyvaDOrT3sCGI7nhufuS8juF44YxLqBpcYVMcg	



Grandparenting Tools & Available Resources Include:
* Legal Issues * Mental Health * School Supports * Social Services

Event Committee:

Area Agency on Aging of the Coastal Bend/ Aging & Disability Resource Center, Arms Wide Adoption Services, Broussard County Co-op, City of Corpus Christi Parks and Recreation Department, Corpus Christi Independent School District, District Children's Hospital/Injury Prevention, Education Service Center-Region 5, Mayor's Council on Aging, Metropolitan Children's Home Family Outreach, Nueces County Community Action Agency Birth-to-Five/Head Start, Bostman Independent School District, Texas A&M AgriLife Extension Service, Texas Department of Family & Protective Services-Child Protective Services Division, Texas Health and Human Services Commission, United Way of the Coastal Bend/Junction by 8.

Like us on www.facebook.com

Annual Grandparents and Other Relatives Raising Children Conference



Helping People. Changing Lives.

NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

Community Services Program

Community Services is a division of Nueces County Community Action Agency (NCCAA) which provides a variety of programs intended to empower people and build thriving communities by providing services that directly impact households transitioning out of poverty.

Services we provide:

- Case Management
- Tuition Assistance
- Affordable Housing
- Utility Assistance
- Weatherization
- Heating and Cooling
- Home Preservation
- Information and Referral
- Public Notary

You can pick up an application at the following locations:

- Community Action Service Center
1006 22nd. St
Corpus Christi, TX. 78405
361-882-4193
- Rural Service Center (Robstown)
801 E. Main St.
Robstown, TX. 78380
361-387-1527

MARK YOUR CALENDARS



NCCAA Birth to Five Head Start Program invites you to our Parenting Classes



STEP

Systematic Training for Effective Parenting

- Understanding Young Children
- Understanding Young Children's Behavior
- Building Self-Esteem in the Early Years
- Listening and Talking to Your Child
- Helping Young Children Learn to Cooperate
- Discipline for Young Children
- Young Children's Emotional and Social Development



Join us virtually on the following dates:

- September 22, 2022
- October 20, 2022
- December 15, 2022
- January 26, 2023
- February 23, 2023
- March 23, 2023
- April 27, 2023
- May 25, 2023

Time: 12:00-1:00 p.m.

❖ Request meeting link to your Family Advocate

Canto A Los Niños Production Staff

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SLOW DOWN: BACK TO SCHOOL MEANS SHARING THE ROAD

School days bring congestion: School buses are picking up their passengers, kids on bikes are hurrying to get to school before the bell rings, harried parents are trying to drop their kids off before work. It's never more important for drivers to slow down and pay attention than when kids are present – especially before and after school.

If You're Dropping Off

Schools often have very specific drop-off procedures for the school year. Make sure you know them for the safety of all kids.

The following apply to all school zones:

- ◆ Don't double park; it blocks visibility for other children and vehicles
- ◆ Don't load or unload children across the street from the school
- ◆ Carpool to reduce the number of vehicles at the school

Sharing the Road with Young Pedestrians

- ◆ Always stop for a school patrol officer or crossing guard holding up a stop sign
- ◆ Take extra care to look out for children in school zones, near playgrounds and parks, **and in all residential areas**
- ◆ Don't honk or rev your engine to scare a pedestrian, even if you have the right of way
- ◆ Never pass a vehicle stopped for pedestrians
- ◆ Always use extreme caution to avoid striking pedestrians wherever they may be, no matter who has the right of way

For more safety tips visit: <https://www.nsc.org/community-safety/safety-topics/school-safety/back-to-school-safety-tips-for-drivers>