



CANTO A LOS NIÑOS

WELCOME TO HEAD START

June 2022 Calendar of Events

- 6/16 Health Fair @ Saint Theresa
- 6/17 No School/ Staff Development Day
- 6/19 Father's Day
- 6/20 Agency Holiday/ Juneteenth
- 6/23 P.I.E. (Partners in Education) Meeting
- 6/29 Board of Directors
- 6/30 Last Day of School



"LOOK BEFORE YOU LOCK"

The U.S. Department of Transportation's National Highway Traffic Safety Administration is urging all parents and caregivers to make sure they remember **"Where's Baby? Look Before You Lock"** when driving with young passengers.

One of the biggest risk factors for heatstroke deaths is a change in routine. As parents and caregivers continue to shift their schedules due to changes in the pandemic, the risk of someone forgetting and leaving their child in the back seat increases.

Heatstroke in children can happen quickly, as their bodies are smaller, heat up faster, and are therefore more prone to the effects of extreme temperatures. Heatstroke fatalities can happen in vehicles parked in shaded areas and in temperatures as low as 57 degrees, even with the windows cracked. **NHTSA reminds the public that everyone can do their part to keep children safe:**

- ✓ Lock your car when you aren't using it:
 - ◆ Even if you don't have a child of your own, a boy or girl in your neighborhood could get into your unlocked vehicle, with tragic consequences.
- ✓ Never leave your child alone in a car, even if you think you'll only be gone for a minute.
 - ◆ Heatstroke can happen even on a relatively cool day.
 - ◆ A vehicle can reach a dangerous temperature in as little as 10 minutes.
- ✓ When you're driving with your child, remember to always Look Before You Lock to make sure your child has been dropped off at daycare or with a caregiver, not left behind in the car seat.
 - ◆ Keep an item in the back – like a teddy bear. Put the bear up front with you when your child is in their car seat to serve as a reminder.
 - ◆ Or, put your purse or phone in the back with the child. Some new vehicles even come with backseat reminder technology.
 - ◆ And if you see a child in distress in a vehicle – ACT. Call 911 immediately and get help.

These deaths are heartbreaking, but they are also preventable. With your help, we can save lives. Before leaving your car, always think: "Where's Baby? Look Before You Lock."

For more information visit: <https://www.nhtsa.gov/press-releases/nhtsa-reminds-parents-look-before-you-lock>



Follow us and like us

IMPORTANT NOTICE:

In case of Center Lockdown due to Chemical or Biohazard Alert, doors will not be opened until an All-Clear has been issued by proper authorities.

****Centers can also be Lockdown in the event of violence or crime activity nearby the facilities.**

**NUECES COUNTY
COMMUNITY ACTION AGENCY**
101 South Padre Island Drive
Corpus Christi, TX 78405
Phone: 361-883-7201
Fax: 361-883-9173
www.nccaatx.org

Mission Statement:
NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

Declaración de nuestra Misión:
NCCAA trabaja en colaboración con diversas agencias en la comunidad para implementar estrategias y eliminar las causas de pobreza entre la población del Condado Nueces.

community Action
PARTNERS IN PROGRESS
Helping People. Changing Lives.

**Nueces County
Community Action Agency**

**It is time to
APPLY
Birth to Five
HEADSTART**

**2022 - 2023
APPLICATIONS**

**WHEN
STARTING-
NOW**

**WHERE
2526 Soledad
Corpus Christi
78416**

**OFFICE
HOURS
Monday- Friday
8:00 - 11:45
1:00-4:45**

What do I Need to Bring?

REQUIRED TO BRING—

1. BIRTH CERTIFICATE FOR THE CHILD
2. 2021 INCOME FOR THE FAMILY
3. PARENT'S PICTURE ID

AUTOMATICALLY QUALIFY WITH—

1. SNAP/TANF/SSI DISABILITY
2. HOMELESS
3. FOSTER CARE

****DOCUMENTS TO VERIFY THE FOLLOWING**
(IF APPLICABLE)**

- ◆ MEDICAID
- ◆ EMPLOYMENT/SCHOOL
- ◆ PUBLIC HOUSING
- ◆ RESIDENCY/SECTION 8
- ◆ DOMESTIC VIOLENCE/INCARCERATION
- ◆ CURRENT IMMUNIZATIONS/PHYSICAL/ DENTAL

FOR MORE INFORMATION
CALL: 361-880-4141

APPLICATIONS ACCEPTED FOR:

- *EXPECTANT WOMEN
- *EARLY HEAD START
- *HEAD START
- *CHILDREN WITH QUALIFYING DISABILITY (ECI/ISD)

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**Fathers Actively Involved Through Head Start
(F.A.I.T.H.)**

Be one of our *F.A.I.T.H.*ful dads!

Our male involvement activities were created to provide a support system and engagement opportunities to all father-figures. We welcome all dads, grandpas, uncles, stepdads, big brothers, etc.

At home or at school THEY make a BIG difference in their children's lives!!



See more pictures on our Facebook page.

What is the Period of PURPLE Crying?

The Period of PURPLE Crying is a new way to help parents understand this time in their baby's life, which is a normal part of every infant's development. It is confusing and concerning to be told your baby "has colic" because it sounds like it is an illness or a condition that is abnormal. When the baby is given medication to treat symptoms of colic, it reinforces the idea that there is something wrong with the baby, when in fact, the baby is going through a very normal developmental phase. That is why we prefer to refer to this time as the Period of PURPLE Crying. This is not because the baby turns purple while crying. The acronym is a meaningful and memorable way to describe what parents and their babies are going through.

The Period of PURPLE Crying begins at about 2 weeks of age and continues until about 3-4 months of age. There are other common characteristics of this phase, or period, which are better described by the acronym PURPLE. All babies go through this period. It is during this time that some babies can cry a lot and some far less, but they all go through it.

When these babies are going through this period they seem to resist soothing. Nothing helps. Even though certain soothing methods may help when they are simply fussy or crying, bouts of inconsolable crying are different. Nothing seems to soothe them.

During this phase of a baby's life they can cry for hours and still be healthy and normal. Parents often think there must be something wrong or they would not be crying like this.

However, even after a check-up from the doctor which shows the baby is healthy they still go home and cry for hours, night after night. "It was so discouraging," said one dad. "Our baby giggles and seems fine during the day and almost like clockwork, he starts crying around 6 pm. He is growing and healthy, so why does he cry like this?"

Often parents say their baby looks like he or she is in pain. They think they must be, or why would they cry so much. Babies who are going through this period can act like they are in pain even when they are not.

For more information and resources, visit: <http://www.purplecrying.info/>

NCCAA - BIRTH TO FIVE HEAD START PROGRAM



Amistad Community Health Center

Health Fair & End of School Event



FREE Physical Exams

FREE Blood Pressure Checks **FREE** Blood Glucose Checks

FREE Health Screenings: Vision, Hearing, Lead, Anemia



Music, Food, Fun, Family and Friends

Children will perform on stage!

Games and Activities for Everyone

Effective this coming school-year, 2022-2023,
Every child will be required to have a **CURRENT PHYSICAL EXAM** before he/she starts school.

Health Fair open to NCCAA Employees,
Employees' Families, and the Families we Serve

At

St. Teresa Catholic Church Parish Hall

1302 Lantana Street

Thursday, June 16, 2022

8:30 a.m. – 3:00 p.m.

FAMILY ENGAGEMENT AND SCHOOL READINESS HIGHLIGHTS

May was a very busy month!!!

Cinco de Mayo Festivals, Mother's Day Celebrations, Family Picnics, Kinder Conference, P.I.E. Meetings, Gardening activities, etc.

At centers or at home, in person or virtually; from EHS to HS, children, families, volunteers and staff learned and had fun at the same time!!!



See more pictures on our Facebook page.



Helping People. Changing Lives.

NCCAA works with partners to apply comprehensive strategies to eliminate the causes of poverty for people of Nueces County.

Community Services Program

Community Services is a division of Nueces County Community Action Agency (NCCAA) which provides a variety of programs intended to empower people and build thriving communities by providing services that directly impact households transitioning out of poverty.

Services we provide:

- Case Management
- Tuition Assistance
- Affordable Housing
- Utility Assistance
- Weatherization
- Heating and Cooling
- Home Preservation
- Information and Referral
- Public Notary

You can pick up an application at the following locations:

- Community Action Service Center
1006 22nd. St
Corpus Christi, TX. 78405
361-882-4193
- Rural Service Center (Robstown)
801 E. Main St.
Robstown, TX. 78380
361-387-1527

KEEP KIDS SAFE THIS SUMMER

Hot weather provides opportunities for kids to enjoy the outdoors. Take steps to keep them safe and healthy, both indoors and outdoors.

Master Water Safety

Swimming and other water activities are excellent ways to get the physical activity and health benefits needed for a healthy life. Get the most from these activities while helping everyone stay safe and healthy.

Be Sun Smart

Just a few serious sunburns can increase your child's risk of skin cancer later in life. Adults and children need protection from ultraviolet (UV) rays whenever they're outdoors. Learn how to protect your child from sun damage.

Be Safe at Home, Work, and Play

Injuries are the leading cause of death in children aged 19 and younger, but most child injuries can be prevented.

Learn More About Health

CDC has more resources for kids to learn about issues that affect their health.

For detailed information on Summer Safety, visit: <https://www.cdc.gov/healthequity/features/kidsafety/index.html>

CONGRATULATIONS: YOUR CHILD IS GOING TO KINDERGARTEN!!!

THE TRANSITION TO KINDERGARTEN AND OUT-OF-SCHOOL TIME PROGRAMS- TIPS FOR PARENTS AND CAREGIVERS

The transition to kindergarten is a big event in the life of a child—and for the child's parents and caregivers as well! If your soon-to-be kindergartener will need before- or afterschool care, be sure to think about that in your transition planning. Finding a program that you and your child are comfortable with can help make the transition to kindergarten successful.

Before Kindergarten: Think about what your child care needs may be when your child enters kindergarten, confirm your child's elementary school before making afterschool plans, determine what you can afford to pay for child care and whether you may be eligible for assistance, such as through a subsidy, a voucher, or a child care scholarship.

During Kindergarten: Ask your child how they like the afterschool program, check in with staff regularly to find out how your child is adjusting to the program, let staff know about any significant changes in your child's life that might impact their social- emotional well-being.

Beyond Kindergarten: Reflect on what your child liked best about their afterschool program this year, decide whether you want to keep your child in the same afterschool program next year or make a change, consider how to support your child during the transition to summer programming.

For more ideas and resources, visit: <https://childcareta.acf.hhs.gov/resource/transition-kindergarten-and-ost-programs-tips-parents-and-caregivers>

Canto A Los Niños Production Staff

Chief Editor - Cindy Davila, Birth-to-Five HS Director
 Editor - Claudia Escobedo, FCP Coordinator
 Editor Proof-reader: Irma Shutt, FCP Specialist

CANTO A LOS NIÑOS is a publication of the Nueces County Community Action Agency Birth-to-Five Head Start Program, 101 South Padre Island Drive, Corpus Christi, Texas 78405, Alma A. Barrera, Chief Executive Officer and Cindy Davila, Birth to Five Head Start Director.

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CONGRATULATIONS TO Kimber-Lee Perez parent to Austin Taylor!!!!

She graduated from vocational nursing school last month.

WAY TO GO MOM!!!